

DO YOU KNOW YOUR CORE VALUES

What are Core Values?

Basically, they combine as your Map or GPS to guide you through decisions in business and life.

Why are they important?

They empower you to be true to yourself, be focused and they may even keep you out of trouble AND they help you to surround yourself with people who have values that align with yours.

How to discover your Core Values?

Clarity around your Core Values will help you to achieve your Vision with more focus and determination. When you know what truly matters to you and can articulate it through communication, you will better know who to include in your business relationships as team members and clients.

Questions to get you started:

Who do you most respect in life? What Values do they model or have?

What are 3 things in life that you just can't tolerate or accept?

Are there traits in people or specific people that you feel repelled by? Identify those values?

What quality or personality trait do people compliment you most about?

What are your greatest accomplishments in life (2-3 of them)?

Which 3 values do you most want to pass on to your family?

Determine your greatest moments of efficiency.

What values do you see as being 'timeless'?

If you were independently wealthy, what values would hold true for you?

Think of your 'ideal mate' ... what qualities do they have?

From your answers to the above questions, you will determine what truly matters in life. If you can't narrow it down to 6 Core Values, right away then consider 10 – 12 and work towards fine-tuning to 6 as you evolve and have more clarity. I challenge you to work towards narrowing it down to 3 at some point in the next several months or year.

Accuracy

Carefulness Certainty Efficiency Exactness
Mastery Preciseness Skill Truthfulness

Veracity

Adventure

Adventure Bravery Challenge Courage
Daring Exploration Fearless Heroism
Nerve Progress Pursuit Risk

Valor

Awareness

Alert Attentive Awareness Clarity
Clear Clear-minded Confidence Consciousness

Clear Clear-minded Confidence
Preparedness Responsiveness Watchful

Capability

Clever Brilliance Brilliant Capability Competence Craftiness Craftsmanship Cunning Experience Depth **Expertise** Fluency Ingenuity Intelligence Mastery Maturity

Quality Quality of Work Shrewdness Skill
Skillfulness Smart Wisdom Wittiness

Worthiness

Change

Adaptability Agility Change Entrepreneurship
Fast Flexibility Flexible Innovation

Innovative Speed

Commitment

Accountability Commitment Continuity Dedication
Dependability Devotion Devout Duty
Faith Faithfulness Fidelity Honour

Piety

Responsibility Sacrifice

Patriotism

Compassion

Loyalty

Benevolence Charity Clemency Condolence

ConsiderationEmpathyGraceHeartHumanityKindnessMercySensitivitySoft-heartednessSorrowSympathyTenderness

Understanding

Reliability

Com	petive	ness
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Aggressiveness	Ambition	Assertive	Bold
Boldness	Competition	Competitive	Decisiveness
Directness	Dominance	Ferocious	Fierce
Intensity	Potency	Power	Powerful
Supremacy	Victorious	Victory	Winning

Composure

Calm	Calmness	Composure	Contentment
Meekness	Mellowness	Patience	Peace
Poise	Reflection	Relaxation	Rest
Serenity	Silence	Simplicity	Solitude
Stillness	Thoughtful	Tranquility	Unflappable

Creativity

Creation	Creative	Curiosity	Different
Differentiation	Discovery	Dreaming	Fascination
Fresh	Fresh Ideas	Genius	<i>Imagination</i>
Inquisitive	Inspiration	Inventive	Mystery
Nonconformity	Originality	Spirituality	Talent
Unique	Variety	Wonder	

Determination

Conviction	Determination	Determined	Endurance
Firmness	Focus	Fortitude	Hard Work
Perseverance	Persistence	Persuasive	Resilience
Resolute	Resolution	Resolve	Spirit
Spunk	Strength	Toughness	Willfulness

Dignity

Beauty	Dignity	Elegance	Fashion
Poise	Polish	Professionalism	Refined
Sophistication			

Excellence

Above & Beyond	Being the Best	Best	Best People
Exceed Expectations	Excellence	Great	Perfection
Pride	Transcendence		

Friendly

Accessibility	Approachability	Availability	Communication
Friendly	Inviting	Warmth	Welcoming

Freedom

DemocracyDiversityEqualityEquitableFairnessFreedomImpartialJusticeLiberationMeritOpen-mindedRespect

Tolerance Transparency

Fun

Amusement Balance Cheerful Enjoyment **Enthusiasm Fitness** Entertainment Fun **Happiness** Health Hope Hopeful Humour Play **Playfulness** Joy

Pleasure Recreation Satisfaction Sense of Humour Silliness Vivacity Willingness Work / Life Balance

Youthfulness

Global

Comprehensive Global Inclusive International

Influence

Universal

Authority Celebrity Fame Gratitude
Honour Influence Meaning Prestige
Popularity Recognition Significance Status

Thankful

Initiative

Activity Discipline Drive Eagerness
Empowerment Energy Independence Individuality
Industry Initiative Optimism Positive

Proactive Rigor Self-motivation Self-responsibility

Self-directed Self-reliance Vigor

Worldwide

Integrity

CandorCharacterCredibilityDecencyEthicalHonestyHumbleHumilityIntegrityPuritySacrednessTrust

Trustworthy Truth Virtue

Learning

Development Education Engagement Evolution
Growth Improvement Knowledge Learning
Motivation Personal Development Personal Growth Potential

Teaching Training

Vitality

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Conformity Clean Control Formal History Holiness Hygiene Legal Organization **Neatness** Obedience Order Preservation Reverence Rule of Law Sanitary

Serious Soundness Stability Standardization

Structure Systemization Traditional

Rational

Certainly Common Sense Correct Down-to-earth Ease of Use Economy Efficiency Frugality Level-headed Logic Moderation Modesty Practical Pragmatic Prudence Rational Real Realistic Reason Resourceful

Resourcefulness Simplicity Temperance Thrift

Results

Usefulness

Abundance Accomplishment Achievement Affective Completion Contribution Effective **Impact** Maximizing Performance Productivity Profitability **Profits Prosperity Punctuality** Results Results-oriented Succeed Success **Timeliness**

Timely Value Wealth

Utility

Safety

Confidentiality Discretion Privacy Protection
Restraint Safety Security Self-control

Stealth

Service

Clients Customer Focus Customer Satisfaction Customer Service
Customers Delight Helpfulness Philanthropy

Selflessness Volunteering

Sincerity

Cordiality Courtesy Encouragement Guidance
Hospitality Listening Pleasantness Sincerity

Zeal

Spontaneity

Excitement Exhilarating Exuberance Expressive Extrovert Flair Intuitive Lively
Outrageousness Passion Spontaneity Surprise

Teamwork

Appreciation Citizenship Collaboration Community Connection Cooperation Coordination **Employees** Environment Family Friendship Harmony Local Members Partnership People Relationships **Shared Prosperity** Solidarity Sharing Support Teamwork Unity Synergy

Vision

Anticipate Focus on Future Foresight Insight
Intuition Investment Leadership Longevity
Mindfulness Perceptiveness Self-awareness Stewardship
Sustainability Vision